

Ridgeway and Vale Diabetes Expeditions



Title	Wingrave Circular Walk - Buckinghamshire & Hertfordshire Sunday 8th October 2017
Walk	Wingrave – Rowsham – Hulcott – Long Marston – Broadmead Farm - Wingrave
Map Sheets	Map Sheet 1:25,000 OS Explorer Series Sheet 181 – Chiltern Hills North
Notes	Parking is free of charge A circular walk on generally flat and easy footpaths, following sections of the Aylesbury Ring Footpath. Views across the Aylesbury Vale to the hamlets of Rowsham, Hulcott, and the village of Long Marston.
Start time	Meet at 09.45 am for a 10.00 am start
Start and Finish	Public Car Park at Wingrave GR 870190 The postcode for the nearby Rose & Crown Public House is HP22 4PD
Difficulty	Leisurely: Either 7.0 or 10.5 miles: The village of Long Marston is a suitable meeting point with car parking for those walkers wishing to do a shorter walk. Postcode for the Queens Head PH at Long Marston is HP23 4QL
Leader	Séamus Ryan – Mobile No 07785 508804
Waypoints	Start: From the village of Wingrave follow minor road to FP at GR 864188. Follow FP to hamlet of Rowsham – Jn GR 852179. Follow Aylesbury Ring FP to hamlet of Hulcott GR 854167. Continue on Aylesbury Ring FP over former railway Xing GR 874161. FP to path Jn GR 885154. Path to Jn GR 893154 – Pub GR 896157 in the village of Long Marston. FP to Jn GR 896166 - FP to Broadmead Farm GR 893179 – Maltby’s Farm GR 873188. Return to car park GR 870190 Finish
Getting there from Aylesbury	(Approx 6.2 miles): A418 through Bierton to Wingrave Crossroads. Turn right to Wingrave. Follow minor road to village centre, bear right at village pond and car park is on the right beside village War Memorial
Getting there from Oxford	(Approx 31.7 miles): A40 then A418 to Aylesbury. Follow ring road around Aylesbury, pass through town centre to A418 towards Leighton Buzzard, through Bierton to Wingrave Crossroads. Turn right to Wingrave. Follow minor road to village centre, bear right at village pond and car park is on the right beside village War Memorial.