

Ridgeway and Vale Diabetes Expeditions



Title	Farmoor Reservoir & River Thames Path Circular Oxfordshire Sunday 13th August 2017
Walk	Farmoor Reservoir – Cumnor – Appleton – Thames Path – Farmoor Reservoir
Map Sheets	Map Sheet 1:25,000 OS Explorer Series Sheet 180 – Oxford, Witney & Woodstock
Notes	Parking costs £2.00 Toilets located on both sides of the reservoir A circular walk on general easy, gently undulating farmland covering the villages of Cumnor and Appleton. Good views across to the spires of Oxford City. A 2 mile section of the Thames River Path concludes with a circuit of Farmoor Reservoir the largest open water in Oxfordshire. Excellent opportunity for bird watching.
Start time	Meet at 09.45 am for a 10.00 am start
Start and Finish	Parking at Farmoor Reservoir, Cumnor Road, Oxford OX2 9NS Grid Reference 452061
Difficulty	Moderate : Either 4.5 or 8.5 miles: The village of Appleton is a suitable mid point with car parking for those walkers wishing to do a shorter walk. The Plough Inn is a good meeting point Postcode OX13 5JR Grid Reference 444015
Leader	Seamus Ryan – Mobile No 07785 508804
Waypoints	Start : From the car park follow the road in direction of Cumnor to stile GR 453057. Follow FP to GR 461056. Follow FP to village of Cumnor stile GR 461041 – Stile GR465036 – FP to Jn GR 472028. Road crossing GR 462018 to next road crossing at GR 460017. Pass Greyhound PH stile Bessels Leigh GR 457019. Follow FP towards Appleton GR 444015 mid point. Follow FP to Northmoor Lock GR 430019. Follow River Thames path right bank, past Bablock Hythe GR 434042 and continue until meeting Farmoor Reservoir GR 44005. Follow Reservoir bank FP to mid point of reservoir GR 44064. Follow central Reservoir FP past sailing club and return to car park. Finish
Getting there from Aylesbury	(Approx 33.6 miles) : Follow the A41(T) to Bicester then the A34 round Oxford to Botley interchange with A420 (T). Take A420 in the direction of Swindon and after 0.5 mile take slip road off. At T junction turn right onto B4044 towards Farmoor. Drive for 1 mile and on the edge of Farmoor turn left onto the B4017. The car park is then 0.5 mile along on the right.
Getting there from Oxford	(Approx 7.1 miles) : Follow the A420(T) Botley Road out across the A34. After 0.5 mile take slip road off. At T junction turn right onto B4044 towards Farmoor. Drive for 1 mile and on the edge of Farmoor turn left onto the B4017. The car park is then 0.5 mile along on the right.