

Ridgeway and Vale Diabetes Expeditions



Title	Tring Reservoirs and Grand Union Canal Circular Walk, Sunday 8 th March 2020
Walk	Marsworth – Tring – Ridgeway – Grand Union Canal – Marsworth
Map Sheets	Map Sheets 1:25,000 OS Explorer Series – Sheet 181 – Chiltern Hills North
Notes	<p>Parking is free.</p> <p><i>Circular walk from Marsworth around reservoirs to Tring, then along the Ridgeway to Wigginton and Tring Station and back along the Grand Union Canal. One climb to the Ridgeway. Mostly easy walking with some lovely views.</i></p> <p><i>A shorter walk can be completed in Wigginton – Fox Road, north end of Wigginton, grid ref. 935106 (distance 4.5 miles), or Tring Station (5.5 miles) – please contact Walk Leader Janet Ewart for details.</i></p>
Start time	Meet at 09.45 am for a 10.00 am start
Start and Finish	Public Car Park at Marsworth Postcode HP23 4LJ. The charge is £3 per day
Difficulty	Leisurely - 9 miles with one climb. Some mud
Leader	Janet Ewart – M: 07530 132285 E: janet.ewart1@btinternet.com
Waypoints	Start – Marsworth - from car park around reservoirs to Little Tring GR 917130 – via Tring and Tring Park to Ridgeway GR 933106. Along Ridgeway via Wigginton to Tring Station GR 949121 – continue along Grand Union Canal to Marsworth and Car Park - Finish .
Getting there from Aylesbury	Approx 6 Miles: Take A41 and follow Aston Clinton bypass. Take slip road for B489 – go left past Wilstone Reservoir. Straight on at roundabout and Car Park is on the right.
Getting there from Oxford	Approx 29 miles: Take A40 to Wheatley, then A418 to Aylesbury. Then follow directions from Aylesbury.