

Ridgeway and Vale Diabetes Walks



Title	River Thames Footpath Marlow to Henley-on-Thames, Sunday 11 th July 2021
Walk	Thames Path – Marlow – Temple Lock – Hurley – Aston – Hambledon Lock – Remenham – Henley-on-Thames (Return by local bus service)
Map Sheets	Map Sheets 1:25,000 OS Explorer Series Sheets 172 & 171 Chiltern Hills East & West
Notes	<p><i>Wonderful walk following the Thames Footpath National Trail from Marlow to Henley-on-Thames.</i></p> <p><i>Several pubs and cafes in both Marlow & Henley-on-Thames.</i></p> <p><i>Shorter walk of 5.1 miles available. Stop in the village of Aston near Henley-on-Thames meeting point The Flower Pot Hotel, Postcode RG9 3DG</i></p> <p>Bus service 800 from Henley is every hour at either 14.54 or 15.54 and takes approximately 20 minutes back to Dean Street Marlow. Departs from Bell Street just off Market Place.</p> <p>If you have a bus pass bring it along or alternatively the charge is £3.80 single</p>
Start time	Meet at 09.45 am for a 10.00 am start
Start and Finish	Liston Road Public Car Park, postcode SL7 1BY (pay & display). The charge is £1.00 for all-day parking on Sundays - payment via credit/debit card or Ringo app (no cash). From A404 roundabout on outskirts of Marlow take 3 rd exit Little Marlow Road/A4155, go through 2 roundabouts and turn left onto Glade Rd. Turn right onto Claremont Road & continue onto Cromwell Gardens. Car Park is on the right.
Difficulty	Leisurely 9.5 miles
Leader	Diane White – Mobile No 07860 334873, Email diane@stevediane.net
Waypoints	Start: Marlow Bridge GR 852861 -Footbridge GR 835844 – Hurley Lock GR826843 – Aston GR 785842 – River Bank GR786845 – Hambledon Lock GR 783853 – Remenham GR 770844 – Henley-on-Thames Bridge GR765826. Finish
Getting there from Aylesbury	Approximately 21 miles A413 from Aylesbury Town Centre to Stoke Mandeville and the A4010 to Princess Risborough and follow to Handy Cross Roundabout which is Junction 4 on the M40. Take A404 South for 2 miles and follow signs for Marlow Town Centre.
Getting there from Oxford	Approximately 28.0 miles M40 South from Oxford to Handy Cross Roundabout which is Junction 4 on the M40. Take A404 South for 2 miles and follow signs for Marlow Town Centre.